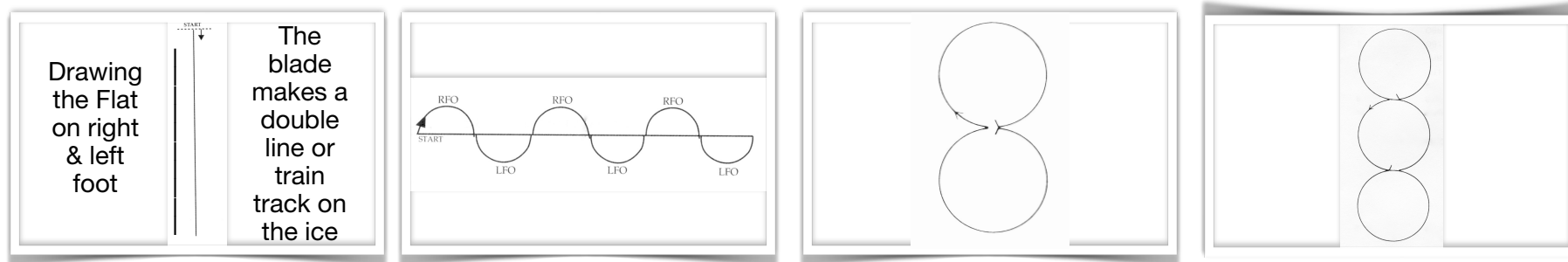


FIGURE EIGHTS: THE LIFE FORCE OF FIGURE SKATING - DVD

WORLD FIGURE SPORT'S SKATING EXAM CHART FOR FIGURES

DVD Reference Guide on left & World Figure Sport's Pewter Exam on right side



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Preliminary Menu	Title	Title & Chapter	<u>World Figure Sport's Pewter Exam</u>	<u>Forward Foundations</u>	<u>Knowledge Type</u>	<u>WFS's Exam Date & Level Achieved</u>
Edges	RFO-LBO	2 & 2	Drawing the Flat (straight line on the ice)	Right & Left Foot	Expanded	
Edges	RFI-LFI	2 & 3	Edges	RFO-LFO	Fundamental	
Edges	RBO-LBO	2 & 4	Edges	RFI-LFI	Fundamental	
Edges	RBI-LBI	2 & 5	Circle 8	RFO-LFO	Fundamental	
Circle 8	RFO-LFO	2 & 6	Circle 8	RFI-LFI	Fundamental	
Circle 8	RFI-LFI	2 & 7	Change of Edge Circle 8 - start at top of circle	RFOI-LFOI	Expanded	
Waltz 8		2 & 8	Change of Edge Circle 8 - start at top circle	RFIO-LFIO	Expanded	
			Serpentine	RFOI-LFIO	Fundamental	
			Serpentine	LFOI-RFIO	Fundamental	

Notes: